

March Yoga Retreat at Boulder Hot Springs March 29, 30 & 31, 2019

Judy Landecker and Charles Udell
of Northern Lights Yoga



Come and enjoy four Yoga classes (open to all levels), two overnight stays at Boulder hot Springs, six great meals, soak in the hot spring, hike, and relax.

Call Kerri at 406-225-4339 for pricing, registration, and other information.

We look forward to sharing our love and thankfulness for yoga, this beautiful and powerful land, its healing waters, good food from the Boulder Hot Springs Kitchen, the healing power and the joy of community with you.